

## **Fr. Check's Suggested Reading List**

### **Anthropology & Psychology**

Baars, Conrad: *Feeling and Healing Your Emotions*

Budziszewski, J: *What We Can't Not Know* and *On The Meaning of Sex*

Enright, R. and Fitzgibbons, R.: *An Empirical Guide for Resolving Anger and Restoring Hope*

### **Spirituality**

D'Elbee, Jean: *I Believe in Love*

Houselander, Caryl: *The Risen Christ*

Maturin, Basil: *Self-Knowledge and Self-Discipline*

Philippe, Jacques: *Searching for and Maintaining Peace* and *Interior Freedom*

### **Homosexuality**

Flaman, Paul: *Homosexuality and Following Jesus*

Hallman, Janelle: *The Heart of Female Same-Sex Attraction*

Harvey, John: *The Truth about Homosexuality*

Nicolosi, J. and Nicolosi L.: *A Parent's Guide to Preventing Homosexuality*

Bradley, G. and Harvey, J.: *Same-Sex Attraction: a Parents' Guide*

van den Aardweg, G.: *The Battle for Normalcy*

### **Chastity & Sexual Wounds**

Comiskey, A: *Living Waters: Restoring Relational Integrity through the Broken Body of Christ*  
(and) *Naked Surrender (and) Strength in Weakness*

Laaser, M.: *Healing the Wounds of Sexual Addiction*

Eden, D.: *My Peace I Give to You: Healing Sexual Wounds with the Help of the Saints*

Groeschel, B.: *The Courage To Be Chaste*

Wood, S.: *Breaking Free: 12 Steps to Sexual Purity for Men*

Allender, D.: *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse*