

Prayer Call Description and Instructions

“Again, Amen, I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly Father. For where two or three are gathered together in my name, there am I in the midst of them.”

(Matthew 18:19-20)

EnCourage prayer calls are held every night at 9:00 PM Eastern time. We welcome you to join us in this blessed time as we gather in the name of our Lord, Jesus Christ. We unite in prayer for our loved ones, for ourselves, for Courage and EnCourage members, for our priests and chaplains as well as for other intentions. On these calls:

- You are free to announce your name when you call in, but you are also free to remain anonymous and mute your phone.
- Callers can begin calling in as early as 8:50 PM Eastern time.
- If you have a special prayer intention, feel free to call in *early* (8:50 PM) and an EnCourage prayer call leader will be there to unite with you in praying a special Hail Mary to our Blessed Mother for your intention.
- Depending on the number of participants, callers may be asked to mute their phones due to crosstalk or feedback on the line. In some instances, the lines may be muted by the EnCourage conference call leader. If you call in and there is noise on the line, this is often associated with the specific line from which you are calling. It is recommended at this point to hang up and call back in. This most often solves the problem of noise on the line.
- Praying begins with general intercessory prayers, followed by the [regular nightly prayers](#).
- The night ends with a short spiritual reading. On most nights, the prayers are about 30 minutes, sometimes a little shorter and sometimes a little longer. The longest night of prayer is Tuesday when we pray the rosary. Tuesday night's call is usually about 45 minutes.
- On Thursday night, after prayers, we have an optional discussion night. On discussion night, EnCourage prayer callers will be available to listen and to pray for you if you have a special prayer intention. Participants are welcome to discuss any topics relevant to the mission of EnCourage. The discussion itself is optional.
- The prayers are currently led by EnCourage moms and dads. Some of our prayer callers call in almost every night; some once a week; and some every few weeks. You are free to call in as often or as little as you like.
- For those who are able to call in to pray somewhat regularly (at least once a week), there is a sign-up to have a special day when we pray especially for your son(s) or daughter(s) or other loved one(s). If you are not able to call in regularly, you can still be part of an intercessory prayer group, with a dedicated day for your loved one(s). You can sign up by emailing praywithcourage@gmail.com and using the subject: "Sign-up for EnCourage prayer call list." Once signed up, you can ask to have a dedicated day for prayer for your loved one(s). On other days you can pray for the loved one(s) of others. These lists enable us as EnCourage members to pray for others, as others pray for our own loved ones.

On the prayer call, we try to pray at least one monthly novena. Some prayers on the EnCourage prayer call are prayed every night and some prayers are rotated. The rotated prayers are as follows:

- Monday: Novena to Our Lady of the Miraculous Medal
- Tuesday: Rosary
- Wednesday: Novena to Our Mother of Perpetual Help
- Thursday: Litany of the Precious Blood
- Friday: Chaplet of Divine Mercy
- Saturday: Chaplet of Saint Michael
- Sunday: Litany of the Saints

If you would like to participate, please e-mail EnCourage Mom and prayer call coordinator Mary Anne at praywithcourage@gmail.com, using the subject "prayer call," in order to register and receive the confidential dial-in number and the confidential access code.

What some of our EnCourage prayer callers have said about the calls:

- "It is said that 'prayer changes things,' but I believe *united* prayer changes everything! The love, support and healing poured out on those engaged in this spiritual battle, who participate on the nightly EnCourage prayer calls, are true blessings from God." (Therese)
- "We highly recommend this prayer group. We have learned so much from each one and they are all so kind. Praying with a group of people that share the same cross is not only powerful, but also brings both of us peace." (Jim and Angela)
- "Nightly EnCourage Prayer Calls have been a lifeline to me. I thank God for the support and for the opportunity to grow in my faith." (Margaret)
- "...Without this prayer group, we can't imagine how much tougher it would be for us to hope for our son's conversion. When we wonder how to help him, the solution is given to us each and every night... Thanks be to God for our EnCourage group, praying in unison for all our children. We know God is listening. May God continue this holy work." (Mike and Mary)
- "These prayer calls are our spiritual vitamins and spiritual exercise that help us stay close to a very powerful spiritual source! We hate to think of where we would be without them!" (Sandra and Donato)
- "These prayer calls have been a lifesaver for me. It is such a blessing to pray with other families who share our particular cross. We pray for our loved ones, for each other, for the Courage/EnCourage ministry as well as for one of our particular loved ones each day. A lovely way to end each evening." (Charlene)

If you cannot call into the prayer call, you are also free to [pray the prayers](#) on your own and spiritually unite your prayers with those praying on the call that night.

Please e-mail EnCourage Mom and prayer call coordinator Mary Anne, at praywithcourage@gmail.com, using the subject "prayer call," to sign up or with any questions.